



Carrigaline Court

★★★★ hotel & leisure centre



Standing Order Fees

We are delighted to assist you in pursuing a more active and healthy lifestyle. Please find below a full list of our facilities.

- Superb 20 metre deck level pool with two lanes in operation for your convenience.
- Separate kiddies pool.
- Luxuriously designed turbo jacuzzi, steam room and sauna.
- Our gym is exciting and inviting, with cardio vascular and strength training equipment to meet every individual need.
- Relaxing coffee area for refreshments.
- Friendly and enthusiastic staff who will provide a service unique to our professional team.
- One of our fully qualified instructors will design a complimentary fitness programme specially tailored to suit only you.
- Leisure Studio (available for Group Hire).
- Variety of exercise classes available in our Leisure Studio - open to all.
- Turbo Stand up Sunbeds.
- Annual social activities.
- Company staff I.D card required to avail of corporate discount.

Please come and visit us to view our facilities and our unrivalled atmosphere for yourself.

MEMBERSHIP TYPE	TOTAL FEE	MONTHLY FEE	PAYMENT ON JOINING
Full Single 1Yr	€745.20	€62.10	€124.20
Full Single 6Mth	€430.20	€71.70	€143.40
Full Couple 1Yr	€1,100.40	€91.70	€183.40
Full Couple 6Mth	€640.20	€106.70	€213.40
O/P Single 1Yr	€535.20	€44.60	€89.20
O/P Single 6Mth	€365.10	€60.85	€121.70
O/P Couple 1Yr	€825.00	€68.75	€137.50
O/P Couple 6Mth	€480.00	€80.00	€160.00
Family 2Ad/2Ch 1r	€1,560.00	€130.00	€260.00
Student 1Yr	€480.00	€40.00	€80.00
Student 6Mth	€250.20	€41.70	€83.40
Golden Years Couple	€660.00	€55.00	€110.00
Golden Years Single	€440.40	€36.70	€73.40

Club Rules For Membership

Pool

- Members must produce their membership ID swipe at all times to gain entry to the Leisure Centre.
- No Member / Guest under the age of 16 years is allowed in the sauna, steamroom or jacuzzi.
- All Members / Guests under the age of 14 years must be accompanied and fully supervised by an adult at all times.
- Any Member / Guest under the age of 16 years must exit the pool by 7pm each evening.
- Swimming hats must be worn
- Babies must wear swim nappies.
- It is compulsory to shower before entering the pool area.
- Children 7 years and older are requested to use the same sex changing rooms.
- Mobile phones are not permitted in any of the facilities.
- Specific signage in the pool area must be read & adhered to.
- Strictly no food or chewing gum allowed in the pool / changing areas.
- Please use the lockers provided
Management are not responsible for any loss of personal property.
- Lifeguard instructions must be followed.

Opening Hours

- Full Adult Members :
Mon-Thurs : 7.00am-9.30pm
Fri : 7.00am-8.30pm
Sat/Sun : 8.30am-8.30pm
- Full Children Members :
Mon-Thurs : 7.00am-7.00pm
Fri : 7.00am-7.00pm
Sat/Sun : 8.30am-7.00pm
- Golden Years Members :
Mon-Fri : 7.00am-3.30pm
Sat : 8.30am-11.30am
Sun : 4.30pm-8.30pm
- Off Peak Members :
Mon-Fri : 7.00am-3.30pm
Sat/Sun : 8.30am-11.30am

Gym

- No Members / Guest under the age of 16 years is allowed in the gym.
- No Member / Guest under the age of 18 years is allowed in the weights room.
- For Members / Guests who wish to use the gym we strongly advise induction or avail of a fitness assessment.
- Induction to the gym is compulsory. Fitness assessments are included in your membership (except for those valid less than one month).
Re-assessments are available for a fee of €15
- Towels must be used in the gym.
- Appropriate footwear and attire must be worn.
- Members / Guests are required to wipe down machines and equipment after use.
- Mobile phones are not permitted in any of the facilities.
- Food or chewing gum is not permitted in the gym.
- Members / Guests should comply with written guidelines within the gym regarding the use of facilities.

Fees

	Peak Hrs	Off Peak
Adult Guest	€10.00	€8.00
Child Guest (U.16yrs)	€5.00	
Child Guest (U.5yrs)	€2.00	€2.00
Child Guest (U.2yrs)	Free	Free
Towel Rental		€2.00
Sunroom 1 session		€4.00
Sunroom 12 sessions		€40.00
Swimming Hats		€3/4
Guest Info Assessments		€20.00

Freezing Membership

In case of injuries exceeding one month, pregnancy or illness, membership may be frozen free of charge on the production of a doctors certificate. (Minimum period for freezing membership is one month).